

# HELP KEEP TRAILS OPEN

Welcome to the trails! As we continue our efforts to protect each other until COVID is under control, trail etiquette is more important than ever. To ensure that we can keep loving our trails, please observe the following guidelines. If you have any questions please contact your local chapter and/or the VMBA office ([www.vmba.org](http://www.vmba.org)). In the meantime, don't forget to renew your membership, and have a great summer.

1. Observe all CDC Guidelines (stay 6' apart, wear a mask when with others, don't touch surfaces & wash your hands).
2. Ride solo or in small groups / with your household.
3. Observe trail closures.
4. Stay close to home as much as possible, either ride your bike to the trail or stay within your immediate community.
5. While on trail, maintain social distancing of at least two bike lengths. Keep a buff and gloves on you for any kind of interaction with other riders including potentially helping another rider that needs your assistance.
6. Carefully observe trail directions. This helps riders minimize interaction with other trail users. If you do pass another rider, announce your presence, give the other rider time to adjust, and pass with distance. Please be patient with each other.
7. Please do not congregate in the parking lot before/after rides or at intersections/transitioning areas on trails. Remember to please **"RIDE-N-GO"**
8. Please keep your dog on a leash, or leave them at home. Ride well within your limits to help avoid injury.
9. Some parking areas may be limited. If a parking area is full, find another nearby network to ride or come back later. If possible, do your best to try to ride outside of peak times.
10. Do not share bikes, tools, gloves, helmets, etc.

On behalf of every chapter and the office, thank you for your ongoing consideration for each other and the trails.



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